



Department of Personnel and Employee Wellness Presents

AROUND THE MEDITERRANEAN

CHALLENGE BEGINS: February 8, 2021

CHALLENGE ENDS: March 21, 2021

Virtually travel around the Mediterranean on a virtual maproute and reveal the hidden destinations along the way.

Complete 5000 steps/day to complete the adventure!

Prize Raffle:

Employees who complete the adventure will be automatically entered into a chance to win 1 of 4-\$25 gift cards.

JOIN TODAY AT

<https://stlouiscity.walkertracker.com/>

To receive more registration information, please contact
BeeFit Wellness Coordinator Cathy Hargrove at
hargrovec@stlouis-mo.gov or 314-622-4849.

Sign-up for the
Mediterranean
Nutrition Program
too!
Sign-up for both
programs is not
required.

